

# **WEST HENDRED**

**JULY 2023**

# **NEWSLETTER**

**Deadline for next Newsletter  
25 JULY 2023**

**IMPORTANT!** Please can we ask that, if you know of any neighbours who may not have access to the internet, you print a copy off for them and pop it through their door. Thank you.

### **West Hendred Summer Lunch – Saturday 1<sup>st</sup> July - 12-30 to 3:30pm In aid of Holy Trinity Church**

The Grand Raffle tickets now on sale!  
The Summer Lunch will be at Manor Farm House (opposite the village hall), kindly offered by Lys and Peter Cook.

Final preparations are in progress as the Newsletter goes to press.

Entrance is free – yet again! Lunch is at 2019 prices, of £8 for an adult and £4 for a child under 12. Children under 5 continue to be free. This is excellent value for the choice and quality of the food.

Raffle – 1<sup>st</sup> prize £65 cash, 2<sup>nd</sup> prize Eyston Arms voucher, 3<sup>rd</sup> prize Lesley Ford Box Hamper, Champagne and lots more!

We're looking for other prizes too so if you can donate wine, beer, beauty products, gifts or plants or anything you think people would like to win ... please contact Sarah Lloyd at [sarah@qi.com](mailto:sarah@qi.com) or 07798 623601.

Happy to collect!

If you can volunteer to sell raffle tickets to friends and round the villages and in shops, do say if you can lend a hand.

Please come along to this very enjoyable occasion to meet old friends, as well as making new acquaintances. The bar will no doubt be well supported. After a very pleasant lunch, you can visit the many stalls and other attractions – including "Name the Lobster", and bowls. Downy Duck will be officiating the internationally renowned Duck Race! Downy has already received kind offers of help for running the Duck Race and selling the ducks.

We do need help with the food on the day, as well as people volunteering food items. Jenni Dimbylow is also looking for contributions to the tombola which is always a very popular

stall - tins, bottles, gifts etc. Please deliver to Hill Farm, or we can collect.

We will also be asking for help for putting up tents and marquees from 6pm on the Friday 30<sup>th</sup> June.

If you would you like to help out with any of the above? Please do contact:

Hugh Rees on 833174 or 07802-416031, or email [hugh@citidata.co.uk](mailto:hugh@citidata.co.uk)

### **Church Services**

The three Parochial Church Councils of the benefice have agreed a new schedule of services which are in place for a trial period of 6 months from June. We hope this will make it simpler to work out further in advance when and where the services are going to take place.

The new service times for each church are available on the following link, so you can check back here to confirm when the services are:

<https://www.achurchnearyou.com/benefice/27-538CT/churches/list/>

Do get in touch if you have any questions.

Nikolaj Christensen

Rector of the Hendreds and Ardington with Lockinge

The Rectory, Church Street, East Hendred, Wantage OX12 8LA

Tel: 01235 634940

### **Holy Trinity Church West Hendred - Bells and Bell Frame**

We're looking to undertake considerable work required on the bells. During a visit to the church in January for the North Aisle roof's supporting beams, the Church Architect and the Structural Engineer took a brief look at the bell frame, and its surrounds in the bell tower. This was after the Tower Captain, Nigel Findley, had received reports of the condition of the bells from two leading bell specialist companies. The

initial indications are that the bell frame and surrounds seem to be in reasonable condition. Following discussion by the Parochial Church Council and with Oxfordshire Historic Churches Trust (OHCT), the Structural Engineer has been asked to perform a full inspection and report on the bell frame and its surrounds; Oxford Diocese has kindly provided advice on this. OHCT has very generously provided a feasibility grant of £1,100, which covers the entire cost of the inspection and report. The Structural Engineer visited the church on 23rd June. He considers there are no significant concerns, and that the structure is fine, with no need for major structural work. As the Newsletter goes to press, we await the structural engineer's report and assessment, which we anticipate in 2 to 3 weeks. With this news we can now proceed with the necessary repairs to the bells. Thank you to all who have donated so generously towards the church building, so ensuring its future. Hugh Rees.

### **Oxford Historic Churches Ride and Stride**

This year's sponsored event is on Saturday 9th September – money raised will be divided equally between The Oxford Historic Churches Trust and Holy Trinity Church West Hendred. Oxford Historic Churches Trust will, like in post-covid years, have R+S with somewhat different arrangements. Potential participants are asked to keep the date available. There is anticipated to be very limited printed material distributed, with almost everything already available online from OHCT's website at <https://ohct.org.uk/ride-and-stride/>. Last year's final total raised was £1,023-50. Holy Trinity Church received half of sponsorship, which was a really impressive total. In February 2021 OHCT awarded a grant of £7,000 towards the urgent repairs to the North Aisle roof supports, where the total cost was £48,764 net; the church can reclaim most of the VAT as it is a Grade one listed building. In June 2023 OHCT very generously awarded a feasibility grant of £1,100 which is for the entire net cost of a Structural Engineer's inspection and report of the Bell Frame and its supports. More details will be available from Hugh Rees on 833174 and OHCT's website on [www.ohct.org.uk](http://www.ohct.org.uk)

### **For Sale: Vauxhall Corsa – Ideal for young driver**

X reg, 23 years old, yet 51,800 miles, petrol 973CC MOT to Oct 23.

Very reliable; low cost – both maintenance and excellent MPG. 5 gear manual, low insurance cost. Full service history.

Sale due to bereavement

£750

Contact: Hugh Rees, 01235-833174

**The deadline for items for next month's newsletter is 25<sup>th</sup> July.**

**Please email to [newsletter@westhendred.net](mailto:newsletter@westhendred.net)**

## West Hendred and Ginge Village Hall News

All hall enquiries/bookings should be made via email to [villagehallbookings@westhendred.net](mailto:villagehallbookings@westhendred.net) or [www.westhendred.net](http://www.westhendred.net)

### Covid-19

The restrictions have been lifted. All hirers are kept fully informed as part of their booking process, which continues to include the need to do a risk assessment.

### AGM – Tuesday 4<sup>th</sup> July at 6.00pm in the Village Hall

The Village Hall charity AGM is bound to be a Public meeting. Everyone is welcome and we would love to see you there. We are actively looking for new committee members to help us shape the next stage in the life of what is a vibrant and well-used village hall.

## Current Events

**West Hendred Stitches** meet on the SECOND and FOURTH Tuesdays in the month.

Further information from Jane Soffe contact 07455 076584.

The West Hendred Stitches will have a display at the Village Hall for the Summer Lunch on **Saturday 1<sup>st</sup> July**.

### Kyokushin Karate Club – from September on Mondays

Attention all beginners!

Ready to kick-start your karate journey? Join our Kyokushin Karate Club in West Hendred Village Hall from September onwards on Mondays.

The cost of the training will be £6 per lesson.

Classes: Children 5-5.45pm / Adults 5.45-7.00pm

Beginner-friendly classes are designed to empower you, no experience required! Discover the art of self-defence, build strength, flexibility and confidence. Expert instructors will guide you every step of the way, ensuring a safe and supportive environment. Reserve your spot today and unlock your full potential!

Call or message now: 07446 469488.

### Pilates - Mat classes on Wednesdays 6-7pm

Classical and modern Pilates exercises, incorporating myofascial release techniques to alleviate stress and muscle tension.

We focus on maintaining and improving the 6 main Pilates principles:

Breath, concentration, control, precision, centring and flow.

All levels welcome. Modifications and more advanced versions of the exercises to suit different abilities will be provided. All mats and equipment are provided, but you are of course welcome to bring your own.

Please contact Charlie Prince on 07581 462 317, or [charlie@princepilates.co.uk](mailto:charlie@princepilates.co.uk) or see

[www.princepilates.co.uk](http://www.princepilates.co.uk)

## YOGA

Tuesdays 10 – 11am Gentle / chair yoga (on Zoom)

Wednesdays 10 - 11am Gentle / chair yoga

Wednesdays 4.45 – 5.45pm NEW! Hatha Yoga – suitable for beginners and improvers

Thursdays 9.30 – 10.45am Hatha Yoga – suitable for improvers

Please contact me for further information on 01235 863647 or [linda@soderstrom.myzen.co.uk](mailto:linda@soderstrom.myzen.co.uk)

Not sure if yoga is for you? Contact me and arrange for a free trial lesson.

Linda Davey – British Wheel of Yoga Teacher and Yoga Therapist / Yoga in Healthcare Alliance

### Village Hall Committee Contacts:

Hugh Rees (Chair) 01235 833174 / 07802 416031

Stefan Povolotsky 07460 727374