

# ***WEST HENDRED***

## ***MAY 2023 NEWSLETTER***

**Deadline for next Newsletter  
25 MAY 2023**

**IMPORTANT!** Please can we ask that, if you know of any neighbours who may not have access to the internet, you print a copy off for them and pop it through their door. Thank you.

### **Exhibition – Holy Trinity Church**

In the spirit of the Coronation from Thursday 4th May, Holy Trinity Church in West Hendred is holding an exhibition in the theme of..... Volunteers in the villages - Enriching local life.

A display of photographs of some of the many ways that volunteers have contributed to village life over the years. Complimented with sustainable flower displays featuring locally sourced flora - to enhance our beautiful old church. All thanks to - you've guessed it - volunteers!

Do visit the church which is open every day. The exhibition will be in place until Wednesday 10th May but you are always welcome.

### **Coronation Bench**

West Hendred Parish Council are celebrating the Coronation of King Charles III on 7th May with a special bench to mark the occasion. It will replace the bench next to the notice board on The Greenway and is due to be delivered and installed in June.

### **Coronation - Ring for the King**

As part of the National celebrations for the Coronation and by command of King Charles III, all church bells will be rung.

Calling all past, present and potential bell ringers, and anyone who would like to have a look at the church bells and maybe "have a go". Church bells have been rung at times of national sadness and celebration since English traditional full-circle tower bell ringing developed in the early 17th century and has been part of our villages ever since.

For our contribution to this project the Hendred Bell Ringers will be opening the towers of East and West Hendred on the following Monday and Wednesday evenings at 7:30pm, and Sundays before the usual services. Come along

and be part of the celebrations, maybe have a go and watch demonstrations of traditional bell ringing.

Sunday 30th April 10-10:30am, St Augustine's Church, East Hendred,  
Monday 1st May 7:30-8:30pm, Holy Trinity Church, West Hendred,  
Wednesday 3rd May 7:30pm, Holy Trinity Church, West Hendred.

### **Church Services May 2023**

#### **Sunday 7 May Fifth Sunday of Easter**

Celebrating the Coronation of King Charles III  
9:30am – West Hendred - Holy Communion (CW Trad)

11am – East Hendred – Holy Communion (CW)

6pm – Lockinge – Evensong (BCP)

#### **Sunday 14 May Sixth Sunday of Easter**

9:30am – Lockinge – Holy Communion (BCP)

11am – East Hendred – Holy Communion (CW)

Thursday 18 May – Ascension Day

7pm – West Hendred – Holy Communion (CW Trad)

#### **Sunday 21 May Seventh Sunday of Easter**

9:30am – West Hendred – Holy Communion (CW Trad)

11am – Ardington – Holy Communion (BCP)

#### **Sunday 28 May – Pentecost**

9:30am – Lockinge – Holy Communion (BCP)

11am – East Hendred – Holy Communion (CW)

### **West Hendred Summer Lunch –**

#### **Saturday 1st July - 12-30 to 3:30pm**

In aid of Holy Trinity Church

The Summer Lunch will be at Manor Farm House, kindly offered by Lys and Peter Cook.

The internationally famous duck race is anticipated to have the usual excitement and suspense this year. Downy Duck has already been waddling through the daffodils and spring flowers to prepare for a celebrity appearance.

We do need help with the food on the day, as well as people volunteering food items. I'll be emailing on the food items. If you would like to help on this, please do contact Hugh.

We will also be asking for help for stalls, and also for the Friday evening with putting up tents.

If you can help, please contact Sally Hutchinson on 833081 or Hugh Rees on 833174.

Hugh Rees

**The deadline for items for next month's newsletter is 25 May.**

**Please email to [newsletter@westhendred.net](mailto:newsletter@westhendred.net)**

### **Holy Trinity Church West Hendred Work on north aisle roof completed, and the final bill**

The work to replace the north aisle wall plate was finally completed on 9th February, with the formal certificate of Practical Completion issued on 16th February. On 19th April, we at last received from the Church's Architect the final account for the contractor (Ward & Co) of £30,506-97 (net). This is £9,340 (net) lower than the contract sum in October 2022 of £39,847 (net).

This compares with Ward's competitive bid in May 2021 of £32,247 (net), which included their OHP contingency of £3,000 net.

Professional fees (net) for the Architect, Structural Engineer and Bat Specialist have been a further £16,739 (net), but we have yet to receive the Architect's final bill.

As the church is a listed building for worship, we're able to claim almost all the VAT that we've paid.

We're now looking to improve the church's heating and to undertake the considerable work required on the bells. Thank you to all who have donated so generously towards this major work, so ensuring the future of the church building.

Hugh Rees

### **Accommodation Needed**

We are looking for accommodation for the nights of Friday 8th and Saturday 9th September 2023 so please do get in touch if you do Airbnb or B&B. Many thanks!

Sarah [sarahlloyd@qi.com](mailto:sarahlloyd@qi.com)

07798 623601

### **For Sale: Vauxhall Corsa – Ideal for young driver**

X reg, 23 years old, yet 51,800 miles, petrol 973CC MOT to Oct 23.

Very reliable; low cost – both maintenance and excellent MPG. 5 gear manual, low insurance cost. Full service history.

Sale due to bereavement

£750

Contact: Hugh Rees, 01235-833174

## **West Hendred and Ginge Village Hall**

### **News**

All hall enquiries/bookings should be made via email to [villagehallbookings@westhendred.net](mailto:villagehallbookings@westhendred.net) or [www.westhendred.net](http://www.westhendred.net)

### **Covid-19**

The restrictions have been lifted. All hirers are kept fully informed as part of their booking process, which continues to include the need to do a risk assessment.

### **Current Events**

**West Hendred Stitchers** meet on the SECOND and FOURTH Tuesdays in the month.  
Further information from Jane Soffe contact 07455076584

### **Pilates - Mat classes Wednesdays 6 -7pm and 7.15 - 8.15pm**

Classical and modern Pilates exercises, incorporating myofascial release techniques to alleviate stress and muscle tension.

We focus on maintaining and improving the 6 main Pilates principles:

Breath, concentration, control, precision, centring and flow.

The 6pm class is an intermediate level and 7.15pm is intermediate/advanced.

I will provide modifications and more advanced versions of the exercises to suit different abilities. I provide all mats and equipment, but you are of course welcome to bring your own.

Please get in touch to book your first session, or for more information please contact: Charlie Prince on 07581 462 317, or [charlie@princepilates.co.uk](mailto:charlie@princepilates.co.uk) or visit my website: [www.princepilates.co.uk](http://www.princepilates.co.uk)

Charlie Prince

### **YOGA**

Tuesdays 10 – 11am Gentle/chair yoga (on Zoom)

Wednesdays 10 - 11am Gentle/chair yoga

Wednesdays 4.45 – 5.45pm NEW! Hatha Yoga – suitable for beginners and those with a particular health issue

Thursdays 9.30 – 10.45am Hatha Yoga – suitable for improvers

Please contact me for further information on 01235 863647 or [linda@soderstrom.myzen.co.uk](mailto:linda@soderstrom.myzen.co.uk)

Not sure if yoga is for you? Contact me and arrange for a free trial lesson.

Linda Davey – British Wheel of Yoga Teacher and Yoga Therapist/Yoga in Healthcare Alliance

### **Village Hall Committee Contacts:**

Hugh Rees (Chair) 01235-833174 / 07802-416031

Stefan Povolotsky 07460-727374