

# ***WEST HENDRED***

## ***JUNE 2024 NEWSLETTER***

**Deadline for next Newsletter  
25 June 2024**

**IMPORTANT!** Please can we ask that, if you know of any neighbours who may not have access to the internet, you print a copy off for them and pop it through their door. Thank you.

### **West Hendred Summer Event - lunch and so much more! Come rain or shine!**

Saturday 13th July - 12-30 to 3:30pm  
In aid of Holy Trinity Church.

The Summer Event will be at Manor Farm House, kindly offered by Lys and Peter Cook, opposite the Village Hall.

We're doing a big "refresh" for the Summer event, with lots of stalls and things for kids. We've had very productive consultation sessions in the last few weeks. If you've not been able to get to one of the sessions, then please do join the conversation, and contact Hugh.

We're going to be having more things for kids, such as Teddy Tombola, Pre-loved Toys, and also, hopefully, a tuck shop.

We'll be keeping some favourites, such as the internationally famed Duck Race, Bowls, Name the Lobster, and the Garage Game. Downy Duck has been waddling through the early summer flowers to prepare for a celebrity appearance at the Duck Race.

There's also the return of the fabled West Hendred Cake Stall!

As well as the lunch, there will be a hot-dog stall (£2) and hopefully an ice cream stall.

There will be a bar with beer, Pimms and wine, as well as orange juice, lemonade and other soft drinks.

Entrance is free – yet again! Lunch is £10 for an adult and £5 for a child under 12.

Children under 5 continue to be free.

We think this is excellent value for two courses and a choice of cheeses, with quality food and a wide choice. Payment can be by card or cash. Please come along to this very enjoyable occasion to meet and make new acquaintances. How could you help?

If you would like to run a stall, or your own ideas for stalls, please do say.

Can you offer items for the Cake Stall?

We'll be putting up the marquee and beer tent from 6pm on Thursday 11th July.

We would be very grateful for donations towards the tombola and items can be dropped off with Hugh and Annabel at Mill Farm House – the thatched house on Mill Lane. Tins, bottles, toiletries, candles, unused gifts etc. or anything else you can think of, all welcome.

We do need help with the food on the day, as well as people volunteering food items. I'll be emailing on the food items in early June. Do contact me if you wish to be included.

If you would like to help, please do contact Hugh on 833174, or [hugh@citidata.co.uk](mailto:hugh@citidata.co.uk)

### **West Hendred Summer Event – Raffle Prizes Needed**

I have been tasked with finding raffle prizes for the lovely Summer Lunch happening in Lys' and Peter's garden on 13th July... which raises much needed funds for Holy Trinity.

Seems far away but wording for the raffle tix needs to go to the printer soon, soon, soon! If you can provide (can be collected nearer the time):

a bottle of wine (which can be grouped together to make a case) or any alcohol or a voucher to exchange

or a hamper of goodies

or beauty products

or CASH!

or a plant or 2

or gifts that might appeal to children?

Please do be in touch ....

Thank you!

Sarah 07798 623601 or [sarahlloyd@qi.com](mailto:sarahlloyd@qi.com)

### **Holy Trinity Church West Hendred Heating Update**

The new under-pew heaters are now installed! – a much-needed improvements to our church's heating. This new system will be more effective

at keeping the congregation warm, yet also considerably less costly to run! Heating is our church's biggest running cost. It's taken several months to achieve the Diocese's agreement of the precise cable runs, so that the medieval encaustic tiles are not affected (a big factor in being a Grade One building).

Electric Heating Solutions, the specialist church heating electrical contractors, installed the 40 new heaters in mid-May. The new system cost £12,900 excl. VAT (the church should be able to claim back all the VAT).

Oxfordshire Historic Churches Trust have commenced payment of their £3,000 grant. We still have a funding gap. Please help us close this gap.

We need your help NOW to close our funding gap!

Thank you for the very generous donations from individuals.

If you are able to and haven't already done so please consider helping us now by donating towards this.

You can donate online via

[www.achurchnearyou.com/church/6046/](http://www.achurchnearyou.com/church/6046/)

and selecting "Give Now" from the web-page; or by contacting the church Treasurer, Roland Jack [rolandmjack@gmail.com](mailto:rolandmjack@gmail.com) or 07522 908632 Thank you. Hugh Rees

#### **From District Councillor Sarah James**

I have been sent a very useful update regarding the switchover of phones to Voice Over IP which seems to be fairly imminent in Oxfordshire.

I'm sending it to the clerks and the newsletters in my ward. If you are able to share it in newsletters/Facebook /websites or other comms channels please do. Age UK's concern is particularly for older people, but the information I think is helpful to all of us who still have a landline.

(The document is attached to the newsletter)

#### **Assisted Reading for Children in Oxfordshire (ARCH)**

I wanted to spread the word about ARCH as I have found this incredibly enjoyable and rewarding.

How it works: you support 3 children through a school year, giving one to one attention, confidence and a love of reading. Just 2 hours per week can make an enormous difference to a child. Sarah Moynahan

#### **Step into summer by volunteering with us Volunteers needed in schools near you!**

**Contact us to find out more**

**01869 320380**

[info@archoxfordshire.org.uk](mailto:info@archoxfordshire.org.uk)

[www.archoxfordshire.org.uk](http://www.archoxfordshire.org.uk)

#### **Reservoir Update from Thames Water**

Thames Water is working closely with other water companies in the southeast to protect future water supplies for millions of people. Population growth and hotter, drier summers place additional pressure on our water resources, so to keep the taps running, we must invest in new infrastructure.

A new reservoir in Oxfordshire would help to safeguard millions of households from the risk of drought, providing a sustainable water supply for generations to come.

Our ambition for the reservoir is to create a natural, tranquil space which will be sensitively landscaped to blend with the surrounding countryside. We want to work with local communities to ensure we create new green spaces that everyone can enjoy. You can find out more about our current proposals at [www.thames-sro.co.uk/sesro](http://www.thames-sro.co.uk/sesro)

We'll be holding a series of community information events this summer, where you'll be able to find out more about our plans. Do look out for updates on the events page of our website

[www.thames-sro.co.uk/events](http://www.thames-sro.co.uk/events)

This is a great opportunity to meet the team and discuss any questions or concerns you may have. We look forward to seeing you soon.

Sally Harding, Community Engagement Officer  
Thames Water

**The deadline for items for next month's newsletter is 25<sup>th</sup> June. Please email to [newsletter@westhendred.net](mailto:newsletter@westhendred.net)**

## West Hendred and Ginge Village Hall News

All hall enquiries/bookings should be made via email to [villagehallbookings@westhendred.net](mailto:villagehallbookings@westhendred.net) or [www.westhendred.net](http://www.westhendred.net)

### AGM – Tuesday 11<sup>th</sup> June, 6-30pm in the hall

The Village Hall charity AGM is bound to be a Public meeting.

Everyone is welcome and we would love to see you there. We are actively looking for new committee members to help us shape the next stage in the life of what is a vibrant and well-used village hall.

### Events at the hall

**Not Just The West Hendred Beer Festival** returns this summer, 28th and 29th June.

For details go to the website [www.westhendredbeerfestival.co.uk](http://www.westhendredbeerfestival.co.uk)

There will be beer, cider, lager, gin, rum, BBQ, pizza, live music and games and a tuck shop for the kids. We love to see you there. If you'd like to help out over the weekend, let me know

[jenniferdimbylow@hotmail.co.uk](mailto:jenniferdimbylow@hotmail.co.uk)

### West Hendred Stitchers - SECOND & FOURTH Tuesdays in the month 10am-4pm

West Hendred Stitchers meet on the SECOND and FOURTH Tuesdays in the month. Any craft. We are a self-help group i.e. we help each other and share our knowledge. We have a lovely light hall with easy access. Coffee & tea provided. Please bring your own lunch. You are welcome to visit.

Call me, Jane Soffe, for details on 07455076584

### Kyokushin Karate Club - on Mondays

Attention all beginners! Ready to kick-start your karate journey? Join our Kyokushin Karate Club in West Hendred Village Hall on Mondays. The cost of the training is £6 per lesson (reduction for more than one family member).

Children's class from 5.00pm - 5.45pm.

Adults class 5.45pm – 7.00pm

Beginner-friendly classes designed to empower you. No experience required! Discover the art of self-defence, build strength, flexibility and confidence. Expert instructors will guide you every step of the way, ensuring a safe and supportive environment. Reserve your spot today and unlock your full potential! Call or message now: 07446469488

### Pilates - Mat classes Wednesdays 6-7pm

Classical and modern Pilates exercises, incorporating myofascial release techniques to alleviate stress and muscle tension. We focus on maintaining and improving the 6 main Pilates principles: Breath, concentration, control, precision, centring and flow. All levels welcome.

I will provide modifications and more advanced versions of the exercises to suit different abilities. I provide all mats and equipment, but you are of course welcome to bring your own. Please get in touch to book your first session or for more information please contact: Charlie Prince on 07581 462317

[charlie@princepilates.co.uk](mailto:charlie@princepilates.co.uk) or visit my website: [www.princepilates.co.uk](http://www.princepilates.co.uk)

### Yoga

Gentle/Chair Yoga:

Tuesdays 10 – 11 am (on Zoom)

Wednesdays 10 – 11am

Hatha Yoga:

Wednesdays 4.30 – 5.45pm

Thursdays 9.30 – 10.45pm

Please contact me for further information on 01235 863647 or [linda@soderstrom.myzen.co.uk](mailto:linda@soderstrom.myzen.co.uk)

Not sure if yoga is for you? Contact me and arrange for a free trial lesson.

Linda Davey – British Wheel of Yoga Teacher and Yoga Therapist / Yoga in Healthcare Alliance

**And finally...SAVE THE DATE!** The Hendreds and Ginge Dog Show RETURNS Sunday 1<sup>st</sup> September.

### Village Hall Committee Contacts

Hugh Rees (Chair) 01235-833174 / 07802 416031 Stefan Povolotsky 07460 727374

# West Hendred Not Just a Beer Festival

Fri 28th June 18:00-23:00  
Sat 29th June 11:15-23:00



West Hendred Village Hall

BEER - WINE - FOOD - ENTERTAINMENT

[www.westhendredbeerfestival.co.uk](http://www.westhendredbeerfestival.co.uk)

## Changes to telephone landlines

The UK's telephone network is being upgraded, which means that landline services are changing. You can still have a landline in your home, but the technology that powers it will be different.

This means that in future, landline calls will be delivered over digital technology called Voice over Internet Protocol (VoIP), which uses a broadband (internet) connection.

For most, switching over will be straightforward, but some people may need new equipment or support to make the changes.

The decision to upgrade has been made by industry, not Ofcom (the telecommunications ombudsman) or the UK Government. However, Ofcom does have rules that telephone suppliers have to adhere to, in order to protect customers in power cuts, and to require phone companies to provide access to emergency calls.

### When the changes are happening

This change will be happening across the country and for most networks the move to digital landlines will be complete by December 2025 (though this may be delayed to 2027).

**Your supplier will let you know when they are moving you.**

For example, BT who are rolling it out region by region, will begin making the change in Oxfordshire in spring 2024. If you already have a broadband connection, you may only need to plug your phone into your broadband router or use an adapter to connect your phone and router together.

Contact your telephone supplier and let them know if you:

- Have a disability or any other needs that mean you will need extra help with this change
- Don't have a mobile phone or if the mobile phone signal at your home is too poor to ring for emergency services

**Your telephone supplier may be able to delay changing your system or provide additional help during the change.**

### What effect the change will have on your phone number and bill

You will be able to keep your current phone number.

Your supplier will be able to offer you a telephone plan at the same cost you currently pay, or you can choose to upgrade your service, if you wish.



## What effect the change will have on personal alarms and telecare

This switchover may affect some telecare devices and other equipment such as pendant alarms.

Carium is the supplier for people who have an alarm fitted by Oxfordshire social services. New Carium devices are already digital and will work after the switchover. If you have an older device Carium will get in touch with you to swap it for a digital version.

If your device is not from Carium, we suggest that you take the following steps:

- Contact your **personal alarm or telecare device supplier** to check if your device will be affected. If you need to upgrade your device, they may be able to provide this for free or they may need to charge a one-off fee
- Whoever your **telephone supplier** is, make sure they're aware that you have a telecare alarm and will need extra support during the switchover

## What effect the change will have on home-security alarms

If you have a home-security alarm, such as a burglar alarm, which uses your telephone line to alert you when the alarm is triggered, you will need to contact your alarm provider to check if your device will be affected by the digital switchover. If you need to upgrade your device, they may be able to provide this for free or they may need to charge a one-off fee.

## What effect the change will have during power cuts

The new digital landline system will rely on electricity from your household electrical socket, so will not work during a power cut. You can use a mobile phone as a 'back-up' way of getting in touch with people.

Checking your mobile phone signal in various areas of your home would be sensible to ensure you can make a call should you be in bed, for example. You may wish to change your mobile phone provider, if another service has better signal in your area.

If you live somewhere where you rely on your landline (for example you may have not have a mobile phone, or experience poor mobile signal), then your landline telephone supplier will offer you a 'resilience solution' to make sure you can still make emergency calls during a power outage.

Ofcom rules for telephone suppliers currently state they only need to ensure you have access to emergency calls for 1 hour, though most suppliers are providing solutions which will last on stand-by for up to 8 hours.

Solutions may be in the form of:

- a basic mobile phone (if you have a suitable signal in your area). You will not need to pay for a separate mobile phone contract.



*example*

- a 'hybrid' phone – this looks like a normal landline phone with a plastic aerial on it. The phone detects a power cut and switches to using its built-in SIM and battery, like a mobile phone would. You will not need to pay for a separate mobile phone contract.



*example*

- a backup battery unit, so that your phone will work normally during a power cut for up to 8 hours



*example*

## What effect the change will have on how you make calls

When you pick up your phone, you will not hear a dial-tone.

When you make a call, you will need to use the full phone number including the area code for **all calls**. For example, when calling Oxford City Council, you will need to enter **01865 249811**, even if you live in Oxford.

## Be aware of scams

We have been made aware that scammers are calling people claiming they need to hand over bank details as part of the switchover, or they will be disconnected.

The digital switchover is free of charge, and councils and their care alarm providers and contractors will **NEVER** ask for personal or financial information over the phone. If you've come across a scam or any fraudulent activity, please report it to Action Fraud on 0300 123 2040.

## More information

For more information on the digital switchover please contact your telephone provider.

For many telephone providers you can dial 150 from your phone to speak to them, or you will find their contact details on bills and paperwork you have received from them.

*This information guide has been prepared by Age UK Oxfordshire and contains general advice only, which we hope will be of use to you. Nothing in this guide should be construed as the giving of specific advice and it should not be relied on as a basis for any decision or action. Neither Age UK Oxfordshire nor any of its subsidiary companies or charities accepts any liability arising from its use. We aim to ensure that the information is as up to date and accurate as possible, but please be warned that certain areas are subject to change from time to time. Please note that the inclusion of named agencies, websites, companies, products, services or publications in this information guide does not constitute a recommendation or endorsement by Age UK Oxfordshire or any of its subsidiary companies or charities. Every effort has been made to ensure that the information contained in this guide is correct. However, things do change, so it is always a good idea to seek expert advice on your personal situation. Age UK Oxfordshire is a local independent charity, working with and for all older people and their carers throughout the county. We are members of Age UK. Age UK Oxfordshire is a Limited Company Registered in England & Wales 4328143 Registered Charity Number 1091529.*